

Divinitea Herbal Tea Blend

Though herbal teas are used by many, there are situations that may not be safe or suitable. First, always be sure to speak with your doctor or herbalist and let them know what medications/herbs you are taking or might take. There are also many herbs said to not be used by pregnant women or with certain medications and are still being used with no contradictions. PLEASE DO YOUR RESEARCH.

Supposable contradictions:

Rose buds/flowers: may interact with certain medications, like blood thinners or antidepressants. There is no research into rose tea's safety for pregnant women. Consuming too much Vitamin C in your diet can cause diarrhea, nausea, headaches, and heartburn.

Lavender: People who are allergic to lavender flowers or similar flowering plants should avoid drinking lavender tea. People who are sensitive to these flowers may develop an allergic reaction that includes difficulty breathing, skin rash, and throat irritation. It has been said avoid if you are a young boy or pregnant.

Hawthorn Berries: It can cause sedation and very low blood pressure at high doses. For this reason, you should only take hawthorn under the care of a healthcare provider. Children and women who are pregnant or breastfeeding shouldn't use hawthorn. Note that hawthorn won't stop an angina attack.

Wholehearted Harmony

